

## STUDIOLINK RECIPE

# Grocery List + Prices

### **Produce**

Lettuce — \$2.50

Tomato — \$1.00

Avocado — \$1.50

Lemon — \$0.75

Spinach or greens — \$3.00

Bell peppers/onion — \$3.00

Mushrooms — \$2.50

### **Protein**

Eggs — \$2.50

Cottage cheese or yogurt — \$3.00

### **Frozen**

Chicken nuggets — \$6.99

Frozen fries — \$3.49

Frozen burritos — \$5.49

Frozen pizza — \$5.99

Frozen dumplings — \$6.49

Frozen vegetables — \$2.99

### **Pantry**

Rice — \$2.50

Beans — \$2.00

Tortillas — \$2.50

Cheese — \$3.00

Olive oil — \$1.00

Sauce — \$1.50

### **TOTAL COST**

Estimated total for full plan: \$50–\$65