⭐The 3-Star Fast Food at Home Meal Plan Shopping List⭐

🍗 Protein & Dairy

- Lean ground beef – 3 lbs
- Lean ground turkey – 2 lbs
- Chicken breast – 5 lbs
- Turkey sausage patties – 1 package
- Turkey bacon – 1 package
- Eggs – 2 dozen
- Plain Greek yogurt – 2 large containers
- Cottage cheese – 1 container
- Shredded cheddar cheese – 2 bags
- Shredded Mexican cheese blend – 1 bag
- Vanilla protein powder – 1 container
- Chocolate protein powder – 1 container
- Sliced cheddar cheese – 1 package

🌾 Breads, Tortillas & Grains

- Large burrito tortillas – 1 package
- Small tortillas – 1 package
- English muffins – 1 package
- Brioche buns – 1 package
- Kodiak pancake mix – 1 box
- Rolled oats – 1 container
- Graham crackers – 1 box
- Jasmine rice – 1 bag
- Cornstarch – 1 box
- Flour – 1 bag
- Crushed cornflakes – 1 box

🥑 Produce

- Russet potatoes – 10
- Sweet potatoes – 4
- Shredded lettuce – 2 bags
- Kale slaw mix – 1 container
- Tomatoes – 3
- Avocados – 3
- Yellow onions – 3
- Bell peppers – 3
- Broccoli – 2 crowns
- Frozen corn – 1 bag
- Pico de gallo – 1 container
- Garlic – 1 bulb
- Fresh ginger – 1 piece
- Pickles – 1 jar
- Limes – 4
- Strawberries – 2 containers
- Bananas – 6
- Oranges – 4

🧂 Pantry & Extras

- Milk – 1 carton
- Butter – 1 tub
- Olive oil – 1 bottle
- Maple syrup – 1 bottle
- Honey – 1 bottle
- Ketchup – 1 bottle
- Mustard – 1 bottle
- Soy sauce – 1 bottle
- Hot sauce – 1 bottle
- BBQ sauce – 1 bottle
- Taco seasoning – 1 packet
- Cocoa powder – 1 container