⭐The 2-Star Feel-Your-Best Costco Meal Plan Shopping List⭐

🍗 Proteins

- Rotisserie chicken – 1 whole
- Lean ground turkey – 2 lb
- Eggs – 18 count
- Plain Greek yogurt – 32 oz tub

🥗 Produce & Frozen

- Power greens – 1 large container
- Bell peppers – 4–5
- Cucumbers – 1 bag
- Blueberries – 1 container
- Frozen mixed vegetables – 1 bag

🌾 Grains & Starches

- Old-fashioned oats – 1 container (18 oz)
- Brown rice – 2 cups dry
- Sweet potatoes – 5 medium

🧂 Pantry & Condiments

- Hummus – 1 container
- Olive oil – 1 bottle
- Everything Bagel seasoning – 1 jar
- Garlic powder, paprika, cinnamon, salt, pepper
- Lemons – 2