

★ 2-Star Back-to-School Week, Solved Shopping List ★



Proteins, Dairy & Grains

- Boneless Skinless Chicken Thighs (2½ lbs)
- Lean Ground Beef (1 lb)
- Canned Tuna (1 can)
- Eggs (6-count)
- Plain Greek Yogurt (32 oz tub)
- Milk (1 carton)
- Shredded Cheese (8 oz bag)
- Grated Parmesan (small container)
- Old-Fashioned Oats (1 container)
- White Rice (1 bag)
- Pasta (1 box)
- Flour Tortillas (1 package)
- Sandwich Bread (1 loaf)
- Shortbread Cookies (1 package)



Produce

- Potatoes (3 lb bag)
- Sweet Potato (1 medium)
- Bananas (5)
- Avocados (2)
- Tomatoes (4)
- Red Onions (1-2)
- Romaine (1 head)
- Baby Spinach (1 bag)
- Cilantro (1 bunch)
- Jalapeño (1)
- Garlic (1 head)
- Limes (5-6)
- Frozen Corn (1 bag)



Pantry, Sauces & Spices

- Ají Amarillo Paste (1 jar)
- Dulce de Leche (1 jar)
- Mayonnaise (1 small jar)
- Soy Sauce (1 bottle)
- Red Wine Vinegar (1 bottle)
- Honey or Maple Syrup (1 bottle)
- Olive Oil (1 bottle)
- Vanilla Extract (1 bottle)
- Baking Powder (1 container)
- Cinnamon (1 jar)
- Cumin (1 jar)
- Smoked Paprika (1 jar)
- Garlic Powder (1 jar)
- Dried Oregano (1 jar)
- Salt (1 container)
- Black Pepper (1 container)