⭐A Lighter Thanksgiving Shopping List⭐

Meat & Dairy

- 2½ lb boneless, skin-on turkey breast roast
- ½ cup plain nonfat Greek yogurt
- ⅓ cup 1% milk
- 2 tbsp unsalted butter total

Pantry

- 2½ tbsp extra-virgin olive oil total
- ½ cup low-sodium chicken broth
- 3 tbsp pure maple syrup total
- 3 tbsp honey
- 1½ tbsp balsamic vinegar
- ½ cup old-fashioned rolled oats
- ¼ cup chopped pecans
- 2 tbsp whole-wheat flour
- 1 tsp cornstarch
- Kosher salt
- Black pepper
- ½ tsp paprika
- ½ tsp garlic powder
- 1¾ tsp ground cinnamon total
- ¼ tsp ground nutmeg

Produce

- 2 lb Yukon Gold potatoes
- 1 lb Brussels sprouts
- 1 lb carrots
- 12 oz cranberries
- 4 medium apples (about 1½ lb)
- 2 lemons (juice and zest, plus turkey slices)
- 2 oranges (enough for ½ cup juice and 1 tsp zest)
- 1 small onion
- 1 head garlic (at least 8 cloves)
- Fresh rosemary (1 tbsp chopped)
- Fresh thyme (1 tbsp leaves, plus optional 1 tsp garnish)
- Fresh chives (2 tbsp chopped)